



The Pitching Kingdom
Spring Training Pitching Classes
Southwest Ada Little League
February 10, 17, 24, March 2

9-10 am Minors
10-11 am Majors
11- 12 Noon
Intermediate, Juniors
Held at Boise Baseball Academy

*Throwing & Pitching Mechanics
*Developing an Arm Care Routine
*Get a Mindset for Games
*Functional Strength Exercises

Each Class is limited to 10 Players

Cost is \$75 For All 4 Sessions

Sign up at Taylormade2356@gmail.com
Pay Venmo: @Rich-Taylor-56

Rich Taylor

Former Pepperdine University Pitching Coach
-Former Chicago White Sox Scout and Instructional League Coach
-Kansas City Royals and New York Mets Associate Scout
-Original Owner and Founder of the West Coast Baseball School
-National Instructor for the MVP Arm Strengthening Program adopted by Little League Baseball and created in conjunction with the ASMI and Dr. James Andrews
-California Pitching Academy Director
-Author of Pitching Book 'Don't Throw Strikes'
-Pitching Director/Extra Innings Chandler, Arizona
-Owner, Taylor Made Athletes (current)
-Member, American Baseball Coaches Association

www.Pitchingkingdom.com